

Introducing UHA



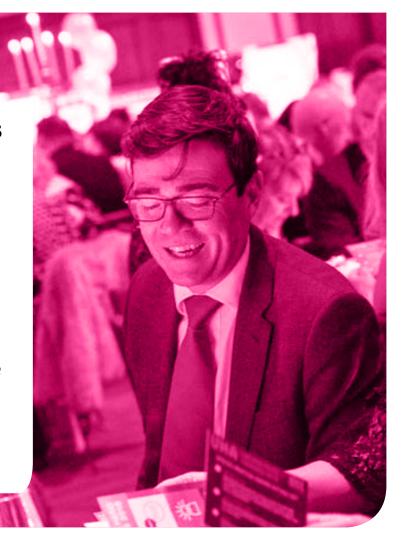
The Unsung Hero Awards are the only national awards for non-medical NHS staff and volunteers who go above and beyond the call of duty.

The awards shine a light on the hard work and commitment of people who are vital to our Health Service, but are sometimes overlooked. Non-medical employees make up around 50% of the 1.5 million people who are employed by the NHS.

Our philosophy recognises the core values embedded in the NHS: passion, dedication and hard work.

These qualities are an inherent part of our awards and are reflected by our nominees and winners. The Unsung Hero Awards provide a unique opportunity to recognise and celebrate these individuals' contributions and achievements.

Originally established to reward local Trusts in the North West of England, the awards recognise that everyone in the NHS is on the front line in saving lives and improving patient outcomes.



A great event which recognises those who sometimes go

unrecognised.

- Shamir Patel, Relationship Director, Barclays.



UHA Audience:

35%

Senior Management:

CEO's, CIO's, Directors, Heads of Departments and Senior Managers

100 decision makers from the NHS

100 NHS organisations nominated

Over 50

NHS organisations attended

Past & Present Participating **Sponsors**















"It is fantastic to also recognise the non-clinical departments within the NHS that go above and beyond. I am privileged to be working with such amazing teams and, for me, they are all unsung heroes"

- Venkata Padala, Head of Enterprise Wide Applications, Lancashire Teaching

Hospitals NHS Foundation Trust and 2019 Winner.

UHA WINNERS

All of our nominees are already Unsung Heroes in our eyes, however for those who win a coveted UHA trophy, their passion, commitment and innovation shines so bright that it is evident for all to see.

For these individuals simply just 'doing their job' is not enough. In return for this exemplary attitude, winning an award can lead to increased engagement from their Trust CEO and NHS Organisations, feelings of increased morale and productivity at work and continued support of the awards in the future.

We have proudly presented...

42 trophies

..and rewarded
OVER 85
NHS Unsung Heroes...

and one
Therapy
Dog!

...since our journey began in 2014.

unsungheroawards.com/previous-winners

We are very proud to support the Unsung Hero Awards, which is promising to be a fantastic celebration and opportunity to thank everyone who makes a difference day in day out across the NHS.

- Neil Spencer, Business Development Executive, Enovation.



It was fantastic to see a huge room full of non-clinical NHS staff, who clearly are very successful and a vital part of the overall NHS, being recognised and awarded for their endeavours and to be fortunate enough to be a part of that.

- Steve Leggett, Strategic Client Executive, Cerner UK.



Past Attendees of Note:

Andy Burnham,

Lord Mayor of Greater Manchester

Roy Lilley, Health Policy Analyst, Writer, Broadcaster and Commentator on the National Health Service

CEO, Blackpool Teaching Hospitals NHS FT

CEO, York Teaching Hospital NHS FT

CEO, Bradford Teaching Hospitals NHS FT

CEO, Derbyshire Community Healthcare Services NHS FT

CEO, Liverpool Women's NHS FT

CEO, The Robert Jones and Agnes Hunt Orthopaedic Hospital NHS FT

CEO, Bridgewater Community Healthcare NHS FT

CEO, Sherwood Forest Hospitals NHS FT

COO, Bolton NHS FT

COO, Hampshire Hospitals NHS FT

COO, Gloucester Care Services NHS FT

COO, Calderdale and Huddersfield NHS FT

COO, Wirral Community NHS FT

CIO, The Christie

CIO, Salford Royal NHS FT

CIO, Lancashire Teaching Hospitals NHS FT

Director of Medical Education,

Countess of Chester Hospital NHS FT

Director of Capital Estates and Facilities, Cardiff and Vale University Health Board

Director of Workforce and OD, Bridgewater Community Healthcare NHS FT

Director of Digital, Salford Royal NHS FT

Director of Communications and Marketing, Alder Hey Children's NHS FT

Director of Informatics, St Helens and

Knowsley Teaching Hospitals NHS Trust

Director of Operational Services,

South Western Ambulance Service NHS FT

Director of Operations,

Lincolnshire Partnership NHS FT

Deputy Director of Operations,
South Western Ambulance Service NHS FT

Deputy Director, East London NHS FT

Deputy Managing Director for Community Health and Adult Social Care. Pennine Care NHS FT

Deputy Medical Director, Lancashire Care NHS FT

Associate Director of Facilities, Blackpool Teaching Hospitals NHS FT

Head of Communications, Sheffield Health and Social Care NHS FT

Head of Communications, Blackpool Teaching Hospitals NHS FT

Head of Communications, University Hospital Southampton NHS FT

Head of Communications and Marketing, Lincolnshire Partnership NHS FT

Head of Communications and Marketing, Gateshead Health NHS FT

Head of EPR Development and Architecture, Salford Royal NHS FT

Head of IT Delivery, The Newcastle Upon Tyne Hospitals NHS FT

Head of Informatics, Lincolnshire Partnership NHS FT

Head of Informatics Commercial Services, Manchester FT

Head of The Christie Digital Programme, The Christie

Head of Enterprise Wide Applications, Lancashire Teaching Hospitals NHS FT

Head of Capital Design Programmes, Bradford Teaching Hospitals NHS FT

Head of Capital Projects and Compliance, Lincolnshire Partnership NHS FT

Head of HR, South East Coast Ambulance Service NHS FT

Head of Information, Southport and Ormskirk Hospital NHS Trust

Head of Technology, Liverpool Women's NHS FT

Head of IT, Gateshead Health NHS FT

Head of News, University Hospital Southampton NHS FT

Head of Research, Evaluation & Patient Engagement,
NHS Leadership Academy

Head of Voluntary Partnerships, NHS England

Chief Physical Health Nurse, Fast London NHS FT Specialised Neonatal Intensive Care Nurse, Royal Bolton NHS FT

Lead Nurse, Birmingham Women's and Children's NHS FT

Network Director, North West Coast Strategic Clinical Networks and Senate

Programme Director Women & Children's Services, Countess of Chester Hospital NHS FT

Senior Programme Lead (Patient & Staff Experience), NHS Leadership Academy

Workforce Transformation Lead, Salford Royal NHS FT

Anthony Bennett, Inspirational and Motivational Speaker

Business Development Executive, Enovation

Relationship Director, Barclays Strategic Client Executive, Cerner

www.unsungheroawards.com

OPEN August 2019

Like/follow us for updates







New Award Categories for the 2020 awards!

Easier To Vote • Prestigious Awards • Higher Recognition



ADMIN & CLERICAL

IT & DIGITAL

ESTATES & ANCILLARY

CORPORATE SERVICES



COMMUNICATIONS - NEW FOR 2020!

APPRENTICE OF THE YEAR

VOLUNTEER OF THE YEAR

DISABILITY CHAMPION - NEW FOR 2020!

LEADERSHIP AWARD - NEW FOR 2020!

LIFETIME SERVICE AWARD

SPECIAL MENTION AWARD

For more information on our 2020 award categories & how to vote, please visit: www.unsungheroawards.com

Why support the Unsung Hero Awards?

Firstly, it is a great thing to do for our nominees and winners.

But it also provides you, as a partner or sponsor, with the opportunity to give something back - while at the same time showing your business or organisation in a positive light on the national stage.

The Unsung Hero Awards give recognition to hundreds of nominees from across the country and our winners receive well-deserved acknowledgement of a job brilliantly done.

Those nominating put forward teams and individuals who make the places they work and live better for others.

That deserves relebration!

We are looking for you as partner or sponsor to help us deliver it.

The Unsung Hero Awards - a not-for-profit initiative - raises the spirits of our winners and nominees.

It also raises the profile and reputation of our partners and sponsors within the NHS and healthcare world.





The opportunity to reach senior decision-makers from trusts across the UK through networking at the award's gala dinner and via marketing before and after the awards.



gala awards dinner.



Your full-page advert in our UHA event brochure.

The opportunity to present an award



Your branding on:

award presentation materials,
correspondence with trust CEOs,
UHA website,
blogs,
newsletters
and press releases.



Association with positive stories about the NHS, generating positive brand awareness & enhancing your company's reputation as a socially aware organisation.

What supporting the Unsung Hero Awards would do for you...



The opportunity to promote your company to a wider

NHS-focused audience.

Networking opportunities with a variety of trusts & employees from across the UK.

For more information please contact: info@unsungheroawards.com

To win was probably the proudest moment of my life.

Andy Tobin, Security Guard,
 Stockport NHS Foundation Trust,
 2017 Winner

was over the moon to win an award!

The fact that there are awards for non-medical NHS staff is brilliant, as it really gives a chance for staff to be recognised for the invaluable work they do on a daily basis.

- Alma Stewart, Communications Officer, Blackpool Teaching Hospitals Foundation Trust, 2019 Winner. I wanted to faint at first, because winning was such a wonderful feeling!

- Enid Dunn, Volunteer, Bolton NHS Foundation Trust, 2016 Winner.

will always remember this as a highlight in my career

- Sue Faulkner, Play Service Coordinator, Northampton General Hospital NHS Trust, 2018 Winner.













Slowly turn your face towards the left and then slowly to the right, keeping your body still and upright.
Repeat 8 times.



Facing forward slowly lower chin towards your chest and then return to the starting position. Repeat 8 times.



Slowly lower your left ear towards your left shoulder and then slowly lower your right ear towards your right shoulder. Keep your body still and upright. Repeat 8 times.



Up PART 7:

2019 sees the launch of our 10@10 office based exercise programme, 10 minute exercises at 10am aiming to help people become more active in the workplace.

For more in the series visit www.unsungheroawards.com/10at10



Slowly lift your shoulders towards your ears and return to the starting point. Repeat 8 times.



Placing your arms loosely by your side, slowly rotate the shoulders backwards. Repeat 8 times. Then repeat the rotation forwards 8 times.



6

Slowly rotate the arms in large circles backwards. Repeat 8 times. Then repeat forwards 8 times.





Stretch the arms above your head, palms facing forward. Slowly bring the elbows down sideways so that they are in line with your shoulder, push back up to the starting position. Repeat 8 times.





Stretch the arms above the head. Slowly lower your arms forwards, rounding out your back and dropping your chin to your chest. Slowly return to the starting position. Repeat 8 times.





Sit upright holding onto the back legs of your chair. Slowly push the chest out and hold for 5 seconds. You should feel a gentle stretch in your shoulders and chest. Repeat 3 times.



info@unsungheroawards.com

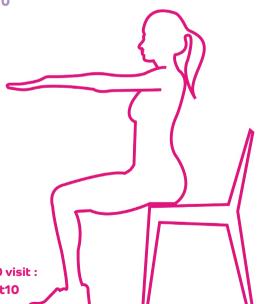
With thanks to the award winning



For more information on the UHA 10@10 visit: www.unsungheroawards.com/10at10



Tuck the elbows into the side of the body and place the hands into fists in line with your shoulders. Slowly lower one arm and then swap sides, so one arm is moving downwards as the other is moving upwards. Repeat 10 times.





www.unsungheroawards.com



To show your support please contact:

UHA Team

t: 0161 509 1255

info@unsungheroawards.com