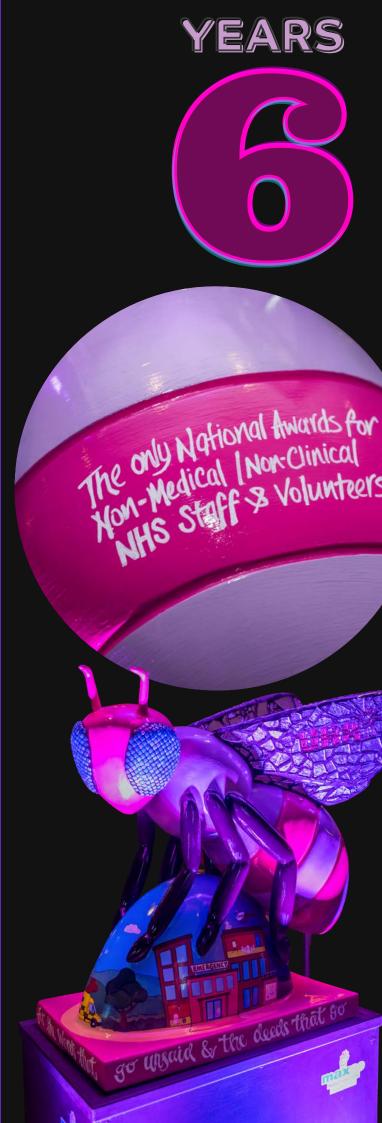
Unsung Hero Awards 2019

TEAM OF THE YEAR - ANCILLARY STAR Community Cancer Rehabilitation Support: Workers Gloucestershire Care Services NHS Work



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YOUR CARE COMES IN MANY FORMS



PROJECT SOLUTIONS

EX20

Your project, our delivery

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Comedian. Actor. Dog Walker. Parent. Sometimes on your telly, never on your drive. Has own teeth and is left-handed. Undercover Vegan.

Stand up comedian, Justin Moorhouse, brought back tiger-faced Young Kenny for the record-breaking run of Phoenix Nights Live at The Manchester Arena, which raised over £5 million for comic relief; told fantastic tales about Australia and Manchester on Live At The Apollo; won The Champion of Champions on BBC 5Live's Fighting Talk; and appeared as Dean the rival cricketing landlord on Coronation Street All this as well as helming his own critically acclaimed podcast About 30 Minutes, No More Than 45.

Lisa Tomlinson

Lisa's vocal style is a unique meld of inspirations... Her influences range from Motown to music by Dusty Springfield, Annie Lennox, Karen Carpenter, Amy Winehouse and Adele.

Lisa loves to sing and entertain a crowd! She performs at many different events including pubs, clubs, functions, weddings and shows.

Expect to enjoy hits from the 1960s, Motown and soul - an unforgettable performance that'll make you want to get up and dance!

Enjoy the show!

isa ×

Cutive of NHS Charities Together She was at the

Ellie is Chief Executive of NHS Charities Together, She was at the helm of the NHS Charities Covid–19 Urgent Appeal in 2020 raising over £100m in just 6 weeks! These vital funds supported all 240 NHS Charities across the UK.

Before becoming CEO of NHSCT, Ellie worked in the specialist social care, education, and faith sector for over 25 years. This includes being CEO at a Coventry based charity for the most vulnerable and sexually exploited women in the city, and Interim CEO/Head of Youth Programmes at the Jon Egging Trust.

NHS CHARITIES TOGETHER Ellie is excited to meet this years nominees and wishes you all the best of luck!

Win the bee and donate to an **NHS** Trust of choice.

All proceeds raised on the night will go directly to the winning Trusts Charity.

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Antony Tiernan Richarc Scarth

Gillian Robinson Jackie Shears

Amanda Piper

CATEGORIES



Admin & Clerical IT & Digital Estates & Ancillary Corporate Services Apprentice of the Year Volunteer of The Year Mental Wellness Champion Public Choice



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ADMIN & CLERICAL



Our values and behaviours





COVID VACCINE ADMIN TEAM

Working around the clock, weekends, and festive periods the Covid Vaccine admin team helped 10,000 people across Bolton receive their jabs. The team had to adapt to changing National guidance, tackle booking systems with little training and balance need with supply – ensuring no wastage. The team worked collaboratively and each member showed compassion and caring despite working under stress. Overall, everything worked seamlessly, feedback has been very positive and the Covid Vaccine admin team rose above and beyond expectation!

REBECCA KEEFE

Rebecca Keefe has shown exemplary leadership. Her empowering and supportive management style has transformed Urology services. To name but a few achievements, Rebecca has:

•Improved staff morale across the whole team. •Increased the overall workforce for both cancer and benign services

(despite financial barriers) •Supported staff with solutions to working differently during a national pandemic.

Rebecca looks to find the best outcome for all involved and has an 'open door' policy meaning she has time for everyone who comes to her. A quote from Mr Hanif Motiwala, Consultant and Lead Urologist "Rebecca displays true hero qualities. Heroes don't set out to be Leaders, they set out to make a difference. It's never about the role - always about the goal".

ROSALIND CHARLETT

Ros is deeply invested in her role and cares passionately about the patients. This is shown in everything she does, from the cheerful phone calls to patients, (who constantly say how amazing she is), to making sure a patient has his usual paper or favourite chocolate bar.

Despite receiving a constant stream of phone calls from patients who are often very scared; their initial impressions of the service are made by the first contact they have, which is usually Ros. Through the hardship she is always smiling, caring, and willing to help in any way she can. We are grateful for Ros – our unsung hero!

SHEILA BEKOE

Sheila Bekoe goes above and beyond her role... At Christmas, she helped struggling BAME families in the Greater Manchester area. Many of the parents of these families had lost their jobs due to Covid. Sheila sourced hundreds of items including toys, clothes and learning materials from staff and spent her weekends carefully organising them so that each family she helped received donations specifically tailored to their needs. In the workplace, Sheila spends her personal time helping the organisation's goals of becoming more inclusive. She is one of the most proactive members of our 'equality mentoring' project, whereby members of our Race Equality Network mentor members of our board on their lived experiences. Sheila's input has been recognised directly by the board in helping to identify several positive steps we can take forward to bring about change and improvement.



IT & DIGITAL









CLINICAL ILLUSTRATIONS TEAM

As Speech and Language Therapists, working with children under 5, a large part of our role is to empower parents/carers to support their child's language development. Lock down, internet connection issues and engaging very young children meant that remote sessions are not always successful... We had the idea to develop a range of videos to share the key learning. Our MSc students worked closely with the Clinical Illustration Team and used their expertise to develop high quality videos which far exceeded expectation! These videos have now been accessed by parents/carers, education staff and members of the MDT. The feedback has been excellent and equipped guardians to support their child's speech and language targets. We look forward to developing more in the future!

MICHAEL LYMPANY

Mike is the leader of our Critical Care IT Team. He demonstrates reliability and determination. During Covid Mike showed immense bravery, negotiation and business skills, phenomenal physical effort, and ingenuity. In response to the rising need for beds, as a non-clinical worker, he single-handedly sourced enough licences, equipment and supplies to enable us to expand provision. Whilst entering Covid zones he had to be fit tested and wear clinical PPE - which I feel was very courageous of him and remote from his normal role. Working overnight and weekends – additional to his core duties he ran mindfulness sessions, created a relaxation room, and provided additional wellbeing resources for workers during the pandemic. Mike went above and beyond to help us through the most challenging period of our careers.

MARGO SMITH

Margo Smith is part of Calderdale and Huddersfield NHS Foundation trust. She embodies integrity, drive and humility. Her approach is about getting the job done and always finding a solution. With her vast experience Margo is the 'go-to' person for all levels of workers. She was instrumental in setting up a relative's line and virtual visiting process to enable patients to see their loved ones through the extremely difficult early covid period. Margo supported a process around 'letter to a loved one' for families to communicate with patients whilst there was no visiting. She also played a key role in digitally enabling over 2,000 staff to work from home in less than 2 weeks as the country went into lockdown. She continues to be hardworking and outcome driven whilst still being compassionate and people focussed – a true Unsung Hero!

AMARAGHOSHA CARTER

Amaraghosha Carter is the Associate Director of I.T for South East Coast Ambulance Service. He is a well-respected leader who remains calm and levelheaded under pressure. During COVID he has worked tirelessly to deliver immediate projects requiring a fast turnaround within a seamless transition. Amaraghosha facilitated the move of over 500 staff to remote working, supplied hundreds of laptops, phones and wider I.T kit to Corporate Staff, Clinicians and Call Takers, and has re-configured sites, floors, and buildings, whilst also de-commissioning sites at the same time in line with our Capital building projects. On top of his day job, Amaraghosha has produced an online internal course for all staff to undertake! He has played an exceptional part in keeping the Trust protected and functioning. His efforts have been remarkable. ESTATES

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Unsung Hero Awards 2021



thank you NHS

PAULA BETTERTON

Paula is most definitely a hero to us in the department. During the pandemic, she showed excellent leadership skills and was the first driver to step up and transport patients who were identified as being COVID positive. She made sure that all the generous donations our Trust received were collected and delivered to where they were needed on time and following all the appropriate requirements. Paula continues to lead by example and where needed to make changes to keep everyone safe. The Porters supported Paula in everything that she changed, whether it was rotas, or staggering start and finish times. They knew she had their best interests and safety in mind. Paula was outstanding in her contribution to her colleagues! Giving confidence to others to be able to get through the day safely whilst making sure patients were not forgotten. During the pandemic the fear from staff in the hospital was very real, Paula kept a level head and inspired others with her stoicism.

MEL CRAWFORD

Mel Crawford is an Operational Manager in the Serco team at Newham Hospital. She is extremely reliable, respected, loyal, and hard-working. Her dedication and support of our patients, staff and visitors is always of the highest standard. During both peaks of the pandemic, Mel arrived at work at the crack of dawn and was one of the last to leave – often spending weekends at the hospital. A trusted, well-respected colleague to all, Mel always leads from the front and took on every challenge that came her way with a positive attitude. She is the 'go-to' person and subject matter expert for arranging ward moves, deep-cleans and other vital services, no matter the hour, day or night. It is a pleasure to work with her and an honour to have Mel on our team!

EMMA HILTON

Emma works in the Estates and Facilities department. She always volunteers to go the extra mile in making sure tasks are done and is a willing volunteer when further work is needed! Throughout the pandemic, Emma frequently worked extended days and weekends. Some of her achievements this year include:

• Being instrumental in setting up the initial Silver Command Structure and empowering the Silver Commanders.

- Setting up and participating in out of hours contact rotas.
- Helping colleagues to amend Business Continuity Plans for Covid-19 Volunteering for lots of "hard to do" tasks

Emma has been a star throughout the pandemic, in a role that often goes unnoticed. Emma has truly been an unsung hero.

JIM COPLAND

Jim is the lead engineer for the Environmental Services Team. He goes above and beyond to ensure the needs of his team and the service are met. Incinerating waste is not just 'setting fire to things', it must be controlled and managed to ensure strict regulations are met. He is truly a 'guru' when it comes to incineration and is often approached by others in the field. The pandemic brought a new challenge, not only dealing with our own Hospital waste but trying to help other Trusts /companies. Without Jim we would be in the same situation as other Trust's - with waste mountains. Nothing is ever too much trouble for him. He is at the forefront of innovation, working closely with our sustainability team. Jim is always looking at new ways to improve how we tackle the perennial problem of waste management.

Unsung Hero Awards 2021



HEALTH ISVA TEAM

The Health Independent Sexual Violence Advisors (Health ISVA) are non-clinical staff who have gone above and beyond their roles over the past 12 months. Their innovative way of working ensures that gaps in services to victims of sexual violence are being met. The team have received 451 referrals, comparison of data Q1 2018 to 2019, showing an increase of 56%. Delivered 53 training sessions to over 750 staff, of which feedback is extremely positive with 80 % of staff reporting they previously had no/or very little knowledge of sexual violence. 100 % of attendees felt satisfied and empowered, as the training sessions increased their knowledge and confidence of where to refer/ how to access support. The team have already received excellent feedback from patients, such as: "I don't know if I would have spoken about this had I not been in hospital, thank you for taking me seriously."

HR OPERATIONS TEAM

The HR Operations Team have been critically vital over the last 12 months. With the team acting as call handlers, they played a pivotal role in connecting with almost 10,000 people. As covid-19 absences continued to rise, the HR team took a step back to redesign the pathway. They knew that improving the technology solution was essential. The team worked with our systems developer on a self-service solution. This development meant that staff could book a test 24/7, attend within a few hours and receive results the same day. This was a critical turning point and enabled the HR team to help 9,200 people obtain a test as well as talk to many thousands of employees and families. We must never underestimate the impact that a reassuring voice at the end of the phone can have.

FINANCE AND PROCUREMENT TEAM

The Finance and Procurement Department of Mersey Care ensured all our services were safe during the pandemic. Our Financial Services Team were impacted by the need to make quick payments to suppliers and the Procurement Team tackled the supply and availability of PPE. The team worked tirelessly to support staff across the Trust, both within and outside finance, ensuring staff understood how the system worked and that services experienced as little disruption as possible, all whilst working with extremely tight deadlines. The budget holders that were interviewed were extremely complimentary of the team. The finance team's ability to reinvent itself was noted several times and their complete commitment to the organisation's values and behaviours: "they demonstrate these in everything they do".

EDUCATION TRAINING TEAM

The Training Team have seen their world change dramatically over the past 12 months. In addition to keeping business standards high have also taken on a variety of extra responsibilities to keep our customers (the whole Trust) safe and well trained. In the last 12 months, we have had 50,085 e-learning completions on our Trust built learning management system: 'Green Brain', increasing our mandatory training compliance and giving staff the essential skills needed for their roles. We have introduced e-ILS to the Trust to allow staff to be ILS trained in less time to support the needs on the frontline. We have also produced the CAST video, as well as being actively involved in the COVID vaccination project team. We have successfully helped all staff with their development, safety (for both staff and patients), inductions and future opportunities.

UHA - APPRENTICE **OF THE YEAR** Unsung Hero Awards 2021



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MILLIE GREGORY

Millie triumphed her apprenticeship with The Robert Jones and Agnes Hunt Orthopaedic Hospital. Her Improvement Project Presentation involved enhancing Bluespier production, so that scrub practitioners could add their swab and sharps count electronically, instead of via paper documents. This improvement enables a paperless hospital, more of a clean workspace and therefore reduces the risk of viral and bacterial transfer on a paper document. This orginate was an enormous undertaking. Millie communicated effectively This project was an enormous undertaking. Millie communicated effectively and passionately with Consultant Surgeons, Anaesthetists, along with Bluespier Account Managers et al. Millie has the drive and loyalty to her patients and colleagues to achieve her focus outcome and manage to pass at NVQ Level 3 with distinction.

NICOLA JEFFERY

Nicola Jeffrey has shown amazing resilience, determination and hard work whilst working as Operational Manager in the Dental Service during the pandemic. Nicola went above and beyond to ensure the service kept running, and those people with acute dental problems were seen face to face, keeping them out of Emergency Departments. Nicola expertly divided the workforce into functional teams to ensure optimum service delivery. During the pandemic Nicola took on the added challenge of a leadership apprenticeship on top of her existing role. When the Covid vaccination organize commenced she was seconded over as an Operational Lead where she is programme commenced she was seconded over as an Operational Lead where she is continuing to be a highly skilled, compassionate leader.

LAUREN EYERS

Lauren's natural ability to tackle multiple tasks simultaneously came to the forefront during the pandemic. Her self-motivation, calm and efficient manner enabled her to, single-handedly, update the frequent Covid-19 Public Health Messages and Posters, personally distributing them across the Trust. Known to change regularly throughout a day, Lauren juggled the poster updates along with supporting a much-depleted Volunteers and Charity Team to manage and distribute the large number of food and gift donations. Working extraordinarily long hours, Lauren immersed herself and helped support her colleagues to manage ongoing media requests, staff communications around Infection Prevention and public information around attending the Emergency Departments. During this, Lauren still managed time to help deliver 1000's of Easter Eggs to staff across the Trust. Lauren has been an amazing Unsung Hero this past 18 months and continues to be today.

MAISIE BUNN

Maisie Bunn started her apprenticeship with the MCSI team at the height of the pandemic. She has taken on so many individuals roles - without complaint and done so to a very high standard. Maisie is outstanding with our patients, even in high-stress situations or with patients in distress. She manages to ensure patients receive the best care possible and that they are heard. She has a great attitude towards her work and has been a credit to us at MCSI. Throughout this challenging year Maisie has covered many staff while working towards her apprenticeship, we will always be thankful for her help and the skills she has brought to our team. Maisie has built up a very trusted reputation within our trust. Thank you for all your hard work and dedication this past year, it has not gone unnoticed.

LAUREN BUTLER

Lauren works as a Logistics Assistant in the Procurement and Logistics Team. She is the epitome of dedication and commitment. Despite limited warehouse space and sizable deliveries, Lauren ensures the space is used efficiently and manages relationships with partners who share the warehouse. Her diligence ensured that from day one of the Trust's response to the pandemic all staff have been supplied with sufficient Personal Protective Equipment. Lauren has worked additional hours at very short notice whilst regularly coming in at weekends without complaint. With Lauren's great attitude and ability, we have been able to meet the demands of the Trust despite the many challenges. Thank you, Lauren!

Unsung Hero Awards 2021 VOLUNTEER OF THE YEAR









NGH VOLUNTEERS

The volunteers within Northampton General Hospital showed exemplary commitment during a time of great uncertainty. Donning PPE every shift and sitting and talking with patients, playing games, reading stories, and making sure they were comfortable. Often, these were the only people that the patients had to speak to on the busy wards. Volunteers also connected patients with loved ones via video technology and allowed them to see people they wouldn't have been allowed to given visiting restrictions. The volunteers were able to connect husbands with wives that were on separate wards. They displayed great humanity. The care and compassion shown by every volunteer over the course of the pandemic has been a beacon in the darkest of days. They have been a priceless asset within Northampton General Hospital and each one being a role model, often training each other in the roles daily. It would be impossible, after the year we have had, to say only one volunteer deserved this award, when, as a group, they have been magnificent.

NIGEL TOMS

Nigel has been a volunteer for South Western Ambulance Service NHS Foundation Trust (SWASFT) since 2010 and has been instrumental in saving the lives of numerous patients. He has accomplished an outstanding 40,000 hours serving his community. Even when he is not on duty you will often find him helping somewhere within the Trust. Nigel's commitment is beyond words, he is very well liked and has received many plaudits from all walks of life. He never wants recognition for what he does. Recently a crew emailed me to thank Nigel as he attended a cardiac arrest, when they arrived, they could not believe what they saw; not only had Nigel arrived, applied the Defibrillator and given the first shock, but the patient was sat up talking to him, and from this made a complete recovery. All this down to Nigel and his professional, calm, educated approach. He is a true lifesaver and recently described as the "gold standard volunteer" there is no better accolade to hear about one of your own team.

KAREN WEITES

Karen Weites joined our volunteer team in 2019 to give something back to her community. Over the last year she has volunteered in our café, meeting and greeting and buggy driving along with two other seasonal roles we had throughout the pandemic. Within a vaccination role Karen and others in the team were instrumental in assisting over 29,000 staff/community jabs. She met everyone with a smile and the feedback from the staff was very positive. We also piloted a role in outpatients and Karen stepped up to volunteer here. Whilst Karen was on shift she would help and guide over 100 visitors to outpatients, again meeting them with a smile, chatting to them and guiding them to their appointments. Karen is currently volunteering three times a week, but often helps more if other volunteers can't make it. We are incredibly grateful for her outstanding work!

COLIN OGDEN

Colin is a standout member of the volunteer team at North Tees and Hartlepool NHS Foundation Trust. Since joining as a Volunteer Driver, he has been instrumental in the development of the service. Early on Colin began helping with organising driver rota's as well as recruiting and training. He is well known and admired amongst other drivers and gets to know them/their families well. Having been offered donations, he suggested the implementation of an envelope scheme whereby patients, if they wanted to, could donate to the Trust's charitable funds. This is a measure of how valued our drivers and Colin is by the local community. To date his envelope scheme has contributed over £8,500 to trust charities. Having regularly supported patients attending their chemotherapy appointments, Colin decided that he wanted to support the staff and patients on the unit. In addition to his driving role, he now volunteers on the wards and does his best to put the patients at ease by keeping them company during treatment. Colin makes cups of tea and cracks jokes to keep patients and staff on the unit smiling. His thoughtfulness and commitment to supporting our patients has extended further to recently cutting a patient's grass when realising this patient was struggling. Colin has also been instrumental in promoting the campaign at the University Hospital of Hartlepool and coordinating the delivery to the local foodbank from various drop off points around the hospital. We cannot thank him enough!



MENTAL WELLNESS **CHAMPION**









CATRIONA ROWLAND

CAIRONA ROWLAND Catriona Rowland was redeployed into the role of Staff Wellbeing Lead at Newham Hospital because of her innate ability to listen and respond to staff concerns as well as her limitless energy. She has been the force behind the formation and delivery of the new health and wellbeing service at the Newham Hospital. Within weeks of starting her role, she identified spaces in the hospital that could be converted into wellbeing areas. She secured comfortable furniture, embedded donated neurobeds, massage chairs, free magazines, food and refreshments. She was also intuitive enough to realise that not all staff could leave their wards to access these resources. Creatively provided in-ward wellbeing to these staff. Catriona allocated a psychology resource at the Hospital for both individuals and teams in need of it. Since January, Catriona has organised initiatives that helped staff with their mental and physical wellbeing including: A silent disco, singing lessons, concerts from the London Symphony Orchestra, skin clinics to deal with PPE-induced issues, Zoom exercise classes, hand and soft-tissue massages, visits from therapy dogs, a healthy living club for staff, a gardening club... During this time, Catriona has also managed to find time to mentor and support staff. We have seen these staff members' skills and confidence blossom, thanks to Catriona's support and guidance. Catriona has gone above and beyond in what isn't even her usual day job. She cares deeply about the mental health and wellbeing of staff at Newham Hospital and for cares deeply about the mental health and wellbeing of staff at Newham Hospital and for this, she deserves praise and recognition.

GIOVANNA RICHARDS

As well as her daily role of Mental Health & Wellbeing Manager, Giovanni has set up and supports a team of staff with mental health training called the Time 2 Talk (T2T) team. Staff within the Trust can contact the team via a confidential email and arrange a meeting with one of the T2T volunteers to chat about everything and anything. Giovanna has set up a Talking Tea Trolley where members of the T2T team will go around twice a day to different areas and wards in the Trust, providing refreshments to the staff who may not have time to make themselves a cup of tea, grab a bottle of water, or even a biscuit. They are also there just in case someone needs to talk. Giovanna is a wonderful lady and is so kind to everyone around her. Everyone in the Trust knows her and the members of the T2T team, who she has chosen. She is very respected throughout the Trust, and I am extremely proud to be part of her team. Her vision is to provide help and support to any staff member that needs help, especially through the pandemic.

TEAM EMERGENCY DEPARTMENT

The Emergency team has worked relentlessly during the pandemic across both sites of the Trust to keep patients safe. The support from the ED Senior Management has been exceptional. In the midst of a disgruntled situation, the ED wellbeing team led by Dr. Subba ensured that all staff are listened to: every week, two hours are dedicated to staff members as a virtual social meeting. Staff support each other with jokes, laughter, and planning sports activities on the social WhatsApp group. Wellbeing activities are organised impromptu and debriefing after a distressing resuscitation involves a one-to-one Pastoral support from Matron and shop floor consultant for Nursing staff and Doctors respectively. Staff feel supported and valued. We would like to say that the ED team is our extended family.

JILL PALMER

Jill Palmer is a Samaritans Team Leader and offered her support to help our organisation improve colleague support. She is calm under pressure, engaged well with colleagues and proposed well thought out solutions. Jill also engaged with a range of partners to ensure we worked with people who could provide efficient and effective support for our colleagues, such as Socrates and Counselling Services. She ensured to provide an inclusive service, tailoring the support to individual needs that match the diversity of our people. Jill connected with Freedom to Speak up team and HR Business Partners to resolve local issues and gained support from the Chaplaincy Team. The organisation implemented a risk assessment and out of 6,300, 4,200 colleagues completed the assessment. Jill spoke to thousands of these colleagues where they had highlighted high levels of anxiety. Jill also facilitated listening events, went on site, and hosted wellbeing surgeries. Through her tenacity, passion, and heart, she is recognised within the Trust as a 'go to' person to access wellbeing support. She has been an absolute asset to us over the last 12 months and I'm lucky to work alongside Jill every day.



KIM DWYER

Kim Dwyer is a retired nurse manager who returned to the Trust via the retire and return policy approximately eight years ago. Kim's role since her return is to manage the Medicine Nurse Staffing Bleep to support the wards and departments that are having staffing issues throughout the day. Kim assesses the staffing numbers throughout the hospital utilising the Safe Care Tool and redeploys substantive, Bank and Agency Nurses to ensure safe staffing throughout the directorate and throughout the Trust also. This is a very challenging role as Kim must make difficult decisions regarding staff moves and deal with stressed, upset staff who do not always take the prospect of being redeployed well. Kim has wonderful communication skills and has built excellent relationships with staff, including the Agency and Bank Nurses, who do not always feel part of the team. Kim is kind to staff and always treats them with empathy and thoughtfulness.

PUBLIC

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ABIGAIL STAVELEY

Abi has led the covid vaccination programme for the local Primary Care Network and it has been a huge success. She has worked tirelessly to get this programme organised and delivered to an exceptional standard. Abi has led the team from the front and shown great strength, determination, and commitment to getting this right for our patients benefit. She has received heart-warming praise for how our surgery has handled this pandemic and the patients are in awe of the work that has been achieved. The profile of the surgery has been raised due to this work and the cakes/gifts have been coming in thick and fast as a 'thank you'! Nothing has been too much trouble and Abi has shown so much resilience over the past 18 months. She has been a real trooper! Abigail must have had a great deal of stresses and worries over the past 18 months, both at home and work, but she has never once let this show, she has been professional and a great leader. She has motivated me and all the team and we have become better people as a result. We can't thank Abi enough for all she has done for the surgery and for the wider community. Abi is a true inspiration to me and all those she meets. If I needed anyone in a crisis alongside me I would most definitely choose Abi!

SABIR HUSSAIN

Sabir Hussain is an Award-Winning Music Promoter for the past 25 year, helping young people from deprived areas get into Music and also since Lockdown from March 2020, helping NHS staff with quality 24 hour music from his online Radio Station "British Asian Radio". In June 2021, Sabir Hussain won the Prime Ministers "Point of Lights Award" for outstanding contribution to British Society and Communities with his Radio Station. Sabir Hussain has also worked in Government departments of Home Office, DWP and Office of National Statistics in helping the Disabled and under privileged. He has excellent Interpersonal skill and loyalty towards NHS in helping them in Media and Art projects. Since Lockdown of March 2020, British Asian Radio has played over 1000 new songs from young and disadvantaged people from across UK, It has given opportunity to people who never would have dreamed of getting they music heard. Since 2020 British Asian Radio has provided Acoustic Therapy for Afghanistan War Vets to combat PTSD and Trauma by using Music as a method of treatment.

TOM ROLLINSON

IOM ROLLINSON Tom is the Reducing Conveyance Lead of Derbyshire, within his role he creates, manages, and instigates many alternate pathways and alternate care plans. He has worked tirelessly to improve relationships between EMAS, GP Surgeries, Community Hospitals, Nursing/Residential Homes, and Major Hospitals/Trauma Units. We have all become better clinicians because he has given us the confidence to improve our scope and our patient care. He also always acts and maintains the EMAS values. From the outset he considers everyone's views on how pathways should be reviewed/instigated. Coming from a Non-Clinical background Tom has been a very fast learner. Tom from the outset has managed to get everyone together working to one goal, a definite large task within EMAS. He has rallied road staff, management, and higher management all working together as one. He is a highly regarded team member and has created leadership in all of us, leading from the front he has given A&E staff increased responsibility and confidence. I don't know how we coped without him. Thank you, Tom!



Total People are proud to sponsor the Unsung Heroes Apprentice of the Year

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Helpforce is an independent not-for-profit innovator, identified by the NHS Long Term Plan as an agent of

change.

We're working with health and care organisations to to help a million people across the UK recover from the devastating impact of the Covid-19 pandemic, through the support of volunteers. Visit our website to learn more about our work and how you can get involved.



www.helpforce.community

Thanking all Unsung Heroes working in the NHS!

TAP (Thank and Praise), is a free-to-use social thanking platform enabling people to thank those working in the NHS, while raising funds for good causes.

TAP's research shows that at least 70% of people who want to give thanks, often do not feel they have the opportunity to do so.

TAP provides a quick, easy and secure way for patients and their families to say thank you to the many unsung heroes in the NHS. We understand the importance of recognising people's contribution; receiving appreciation improves individuals' well-being and increases staff retention.

"Thank you to everyone, who works for the NHS. For working in these difficult times. We are all so lucky to have you from the Cleaners to Consultants and everyone in between!" To: United Lincolnshire Hospitals NHS Trust a more positive world where giving and receiving thanks is the norm not the exception.





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